

## Earn a \$50 wellness benefit — while putting your health first

The Hospital Indemnity Protection Plan may allow you to earn while staying on top of your health. Complete at least one of the following screenings or tests to earn the wellness benefit:

- Blood test for breast cancer
- Blood test for colon cancer
- Blood test for myeloma
- Blood test for ovarian cancer
- Blood test for prostate cancer
- Blood test for triglycerides
- Bone marrow testing
- Breast ultrasound
- Chest X-ray
- Colonoscopy

- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemoccult stool analysis
- Mammography
- Pap smear
- Serum cholesterol test
- Stress test on a bicycle or treadmill
- Thermography
- Virtual colonoscopy

# 

## **Program rules:**



Screenings or tests must be completed during the calendar year

A covered spouse can also earn a benefit

The benefit will only be paid for 1 screening each calendar year, regardless of the test results, and is paid in addition to any other payments you and/or your covered spouse receive under the policy

Each calendar year, you could earn





## This wellness benefit may put money in your pocket



## Preventive care is covered at no additional cost to you by most health plans<sup>\*</sup>

Getting a blood test, mammogram or other screening to meet your wellness benefit earns you money. Routine checkups and screenings may:

- · Help you avoid serious health problems
- · Allow you and your doctor to work as a team to manage your overall health
- · Assist you in reaching your personal health and wellness goals



### Help maintain your health with uhc.com/preventivecare

- · View health guidelines and recommendations specific to your age and gender
- · Get useful health tips
- Access related tools, resources and materials to support your overall health and potentially lower your out-of-pocket health care costs



#### **Better together**

Once you have the preventive recommendations specific to you, you can use them to work with your doctor to:

- Evaluate your current health status
- · Address any concerns you may have
- · Determine any appropriate treatments
- Make medical decisions that fit your lifestyle

## Learn more

See your official Hospital Indemnity plan documents for benefit details



#### This is a Hospital Indemnity-only policy and provides Limited Benefits.

\* While many health plans cover preventive care without cost-sharing when provided by a network physician, some charges may apply to these services when they are considered diagnostic (for example, services rendered to treat a health condition). Check your health benefit plan documents to see what services are covered.

This information does not replace your official plan documents. Please see your official plan documents for all coverage details, which includes limitations and exclusions.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

UnitedHealthcare Hospital Indemnity product is provided by UnitedHealthcare Insurance Company. The product provides a limited benefit for certain hospital indemnity plan benefits. Please note: HOSPITAL INDEMNITY coverage is NOT considered "minimum essential coverage" under the Affordable Care Act and therefore does NOT satisfy the mandate to have health insurance coverage. Failure to have other health insurance coverage may be subject to a tax penalty. Please consult a tax advisor. The policy has exclusions, limitations, reductions of benefits, and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, call or write your insurance agent or the company. This product is not available in all states. UnitedHealthcare Insurance Company is located in Hartford, CT.